



Harlow Branch

Meetings are held on the third Wednesday of the month at 7pm - usually at Parndon Hall in the grounds of Princess Alexandra Hospital in Harlow

*For more information email:-
Ros Clark, Secretary, ros.clark@pah.nhs.uk 01279 423505
or the Chairperson, Denise Beard 01992 376971*

A new branch of the NHS Retirement Fellowship was set up in Harlow six months ago. The Fellowship has 16,000 members nationally and is intended for retired and semi-retired NHS employees.

A warm welcome is extended to any new members, who could come from all sections of the NHS - including doctors, nurses, health and social care professionals- as well as those in management and administration and G.P.s, primary care and volunteers.

Activities can include sports and other social / leisure activities; as well as theatre visits and meals out.

Meetings are friendly, informal and light-hearted.

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The programme for the first half of 2010 is:-

Wednesday February 17th Beetle Drive at Parndon Hall

Wednesday March 17th Evening at the Harlow Dog racing Track

Wednesday 21st April AGM and Quiz with raffle at Parndon Hall

Tuesday May 18th Ten Pin Bowling at Harlow FirstBowl

Wednesday June 16th Boat trip on the River Stort. (We will probably be able to subsidise the cost of this trip from club funds if there are sufficient numbers)

Do come along with your spouse/partner to enjoy the meetings and activities and support this new group.

Hope to see you there.