



Norwich & District Branch

of the

# NHS RETIREMENT FELLOWSHIP

The NHS Retirement Fellowship is open to the following:-

- All past employees of the NHS and their partners
- All NHS employees aged 50 years and not yet retired
- Voluntary workers in the NHS
- Staff previously employed by companies providing a service to the NHS i.e. Cleaning or Catering Contractors etc

There is a network of branches throughout the UK which vary in size but have the common aim of providing fellowship, social interaction and mutual support for its members

**JOIN NOW AND ENJOY THE BENEFITS**

Further information about the Norwich and District branch please contact:

The Hon. Secretary: Mrs G Maule. Telephone No. 01603 434089

Registered Charity Number 287936

Patron: Ken Jarrold CBE

## **The National Organisation**

All branches are linked via Regional Committees and Regional Representatives, to the National Executive Council, with the officers elected at the AGM / Conference every two years.

The National Office is run by a Director and two Administrators.

There are two Development Officers for England and one each for Scotland, Wales and Northern Ireland who assist with recruitment and opening new branches.

All staff are part time.

The National Fellowship AGM and Conference is held in June / July each year and since 1997 has been combined with a Fellowship holiday.

Members and their partners have taken over a National Holiday Village or Hotel – often with sole occupancy.

The conference covers one day only leaving the remaining time as holiday. This Region is usually well represented at the Conference.

### **National Membership**

There are nine branches in the East Anglian Region are as follows:-

- Cambridge
- East Suffolk (based on Ipswich)
- Huntingdon
- Lowestoft
- North Norfolk and Cromer
- Norwich and District
- Peterborough and District
- West Suffolk (Based on Bury St Edmonds)
- Wisbech

The branches vary in size from several hundred members to just a few but all have the same enthusiastic and dedicated committee members who run the branches

If there is not a convenient branch for you to attend, you have the option of becoming a “National Member” by joining direct through the Central Office.

Please call 01305 361317 or email: [info@nhsrf.org.uk](mailto:info@nhsrf.org.uk)

Unfortunately the company of other members will be missing since there will not be branch meetings for you to attend. However, you will receive the National Newsletter, “Fellowship” and information from Central Office as available. You will also be eligible to attend the Annual National Conference and Holiday.

## **Norwich & District Branch**

### **Events and Speakers**

The Norwich and District branch has speakers for a number of the branch meetings covering a varied range of subjects either informative or entertaining or both.

Some talks are accompanied by visual presentations or items of interest brought along by the speaker

### **Tea and Coffee**

Served at our monthly meeting

Outings

The branch has a social secretary who arranges a number of outings during the year including an annual lunch.

Costs are kept to a minimum and represent good value for money.

DVD / Audio Visual CD

If you would like to learn more about the Fellowship a promotional recruitment DVD/CD is available to loan. Approximate running time ten minutes

Welfare

There is a dedicated Welfare Officer. This duty is undertaken by one of the committee members who keep in touch with unwell or house-bound members.

There is a small National Fellowship Benevolent Fund that can provide help to members in certain circumstances. To request an application form please contact the Welfare Officer. Currently there is work in progress at National level to start a NHS benevolent Fund that would offer help to present and past employees.

All information supplied to the Benevolent Fund is treated in the strictest confidence as one would expect from an organisation run by ex NHS staff that are steeped in the tradition of confidentiality.

Newsletter

The Norwich and District Branch produces a bi-monthly newsletter – contributions from members are always welcome by the editor.

Detach here.....

**Application Form**

Annual Fee £5.00.                      Plus a monthly entrance fee of £1

Title.....                      Full Name.....

Address.....

.....Post Code.....

Tel. No.....                      Email: .....

NHS Staff Membership    yes / no                      Gift Aid                      yes / no

My qualifying service was in the employ of .....

Associate Membership    yes / no

Relationship to NHS Member.....

Signature.....                      Date.....

One form is required per member. If a spouse / partner are joining – two forms will be required.  
Please make cheques payable to: NHS Retirement Fellowship  
Please bring your application form to your first meeting. Thank you.